

S3 Team Physical Education

Course Descriptor: The course is suitable for pupils who are interested in developing their performance skills and explore the factors that can impact on a performance. Pupils will achieve through participating in team sports including Basketball, Volleyball, Football, Netball and Handball. Two units are covered within the course:

Performance Skills – the aim of this unit is to provide you with the opportunity to develop and safely demonstrate a range of basic movements and performance skills in team sports.

Factors Impacting on Performance – the aim of this unit is to provide you the opportunity to explore and raise the awareness of factors that impact on personal performance in physical activities.

Skills for Life, Learning and Work: The skills that learners will be expected to improve on and develop during the variety of team games include:

Literacy – Listening and talking

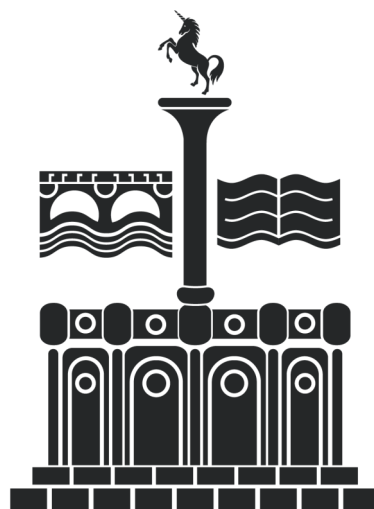
Health and Wellbeing – Emotional and Physical wellbeing

Employability, Enterprise and citizenship – Working with others

Thinking skills – Remembering and applying

Next Steps: Progression onto National 3, 4 and 5 Physical Education, Level 5 Sports Leaders Award.

S3



Perth Grammar School

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