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Contact Mr M Farrell

Our ref MF/WR

Your ref

Date 29<sup>th</sup> October 2018

Dear Pupil and Parent/ Carer,

### **The Wee Sleep Out for Homelessness – Friday 9<sup>th</sup> November 2018**

Calling all sleepyheads! Get out of your bed & comfort zone & join the movement to end homelessness in Scotland on 9<sup>th</sup> November. The Rights Respecting Schools Group invite **all S4-S6** pupils to take part in the Wee Sleep Out to support the [@SocialBite](#) national [#WeeSleepOut](#) events across the country for the Year of Young People 2018 [#YOYP2018](#).

#### **Why take part?**

Article 27 of the Convention on the Rights of the Child states:

*Children have the right to a standard of living that is good enough to meet their physical and mental needs.*

Last year, 8000 people slept out in sub-zero temperatures to start a movement to end homelessness. Sometimes people forget that homelessness affects whole families, not just individuals and so children are often involved. We believe this is wrong and we are asking for your support to improve this. More information about the national campaign can be found here: <http://www.weesleepout.co.uk>.

#### **Who can take part?**

We have decided to make this an event for S4-6. Pupils currently in S1-3 can take part if we repeat this event in future years.

#### **Where will the sleep out take place?**

For health and safety reasons, this will be an *indoor* sleep out in the Games Hall with access to changing rooms and toilets. However, the point is to appreciate a bit more what it must be like for homeless people and so the school heating will not be on and participants will need to come prepared.

#### **When will we start and finish?**

- 8.30pm Arrival at school
- 7.30am Pick up in the morning

**What will we be doing?**

- 8.30pm – Arrival at school and briefing
- 9.00pm – Activities (to be confirmed)
- Midnight – sleep time!
- 6.30am – rise and shine!
- 7.00am – Breakfast (Bacon roll or vegetarian equivalent) and clear up
- 7.30am – home time

**What should I bring?**

Remember that there will be no heating – you are supposed to feel the cold! Please make sure you bring:

- Warm clothing - possibly including your favourite onesie!
- Sleeping bag
- Sleeping mat if you have one
- Toothbrush and toiletries.
- Your favourite board games/ cards/ideas (not electronic)

**Is there anything else I need to prepare for?**

Oh yes! No devices! You have to be prepared to hand over any mobile or other electronic devices. These will be labelled, handed in and stored until the morning. Or alternatively don't bring them in the first place!

**I'm in! How do I sign up?**

The aim of this event is to raise awareness – and money – to support the homeless. There will be an entry fee and the opportunity to get sponsors and donations from friends and relatives.

Suggested minimum entry fee: £5 (you can pay more if you wish or get donations or other sponsorship).

Please complete the return slip and agreement below which requires a signature from both you and your parent or carer. This MUST be completed by Friday 2<sup>nd</sup> November.

You will also need to have an up-to-date medical and contact information form. This will be checked nearer the time.

We look forward to you signing up for this important event,

Kind regards,



**Michael Farrell DHT**

**Nicole McOwan and Carly MacLeod S6**

RRSA Organising Committee

**Perth Grammar Wee Sleep Out – Friday 9<sup>th</sup> – Saturday 10<sup>th</sup> November 2018**

**Return this form to the office or Tutor Group Teacher by Friday 2<sup>nd</sup> November**

**Name:** \_\_\_\_\_

**Class** \_\_\_\_\_

**Parent declaration:**

I would like my child to take part in this event and can arrange for their safe arrival at the school on Friday evening and return home on Saturday morning. I can collect my child early if necessary (for example for medical reasons or if their behaviour is not of an appropriate standard)

**Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

**Pupil Declaration:**

I would like to take part in this event

I am/ am not able to make the minimum donation for entry fee

I will/ will not be able to gather donations/ sponsorship

I agree to not bring or to hand in any mobile electronic devices

I will guarantee my positive contribution to the event and good behaviour throughout

**Signature** \_\_\_\_\_

**Date** \_\_\_\_\_